

Dog Food



There has been a lot of talk, and I get asked all the time, what type of dog food should people use

I do not claim to be extremely knowledgeable in nutritional needs of our canines, but what I do know and recommend to my students is :

Choose a high quality food (usually **not** found in the grocery store).

Read the ingredient list. Meat should be the **First** ingredient, and not meat by products. Ingredients are listed in order, the largest quantities first.

If your dog is having problems with allergies, stay away from **Corn** and a lot of grains. Also, remember, corn is a filler- and the more you feed, the more you will “Clean Up” in the yard! Be aware of treat/biscuit ingredients as well .

You will need to keep your dog on one type of food for at least 6 weeks to see if there is going to be a difference.

Be aware of what ingredients are

Meat by-products: can be anything other than meat that they get from animals, which could include organs, brain, blood, bone, intestines, feet, heads, beaks and possibly even hair and feathers.

Meat and bone meal: a very low quality protein source

Animal Digest: chemically formed, made up from animal tissue.

Also be aware of:

Artificially preserved, animal fat, wheat mill run, corn gluten meal.

Artificial colors; dogs are almost colored blind – they do not need colored food. Can also be a source of allergy problems.

Feeding instructions: I recommend NOT to free feed dogs ! Keep a measuring cup in your dog food bag and give a limited amount each day. There are many studies that show dogs, who are limited on the amount of food they consume, are healthier and will live longer.

Give veggies like beans and pumpkin to fill your dog up.

Dogs need to have a waist line (an indentation after the rib cage).

Dogs who are 10 – 20 pounds over weight, can sometimes be compared to humans 50 to 100 pounds overweight, depending on the dog’s size.

Puppies and young adults should ALWAYS be thin !!! Just like our two legged children ! Don’t kill your dog with kindness !!

Raw Diets are now being fed by many professional trainers, but you must research the proper ingredients. **Oma’s Pride** is a raw food you can buy.

Dog Food Not Recommended & Why

Dad's low quality protein first ingredients are corn and soybean meal

Dad's Econ-o-mets same

Pedigree first is corn, then meat and bone meal, has chicken by-product meal

Purina Dog Chow corn, poultry by-product meal, also 3 artificial colors

Iams not horrible, just not the best, chicken by-products, and a lot of grains

Alpo corn, by-products, artificially preserved, and a lot of grain

Beneful animal digest, corn, chicken by-product meal, artificial colors

Cycle animal fat preserved with BHA, animal digest,

Diamond chicken by-product meal, corn, chicken fat,

Eukanuba chicken by-products are listed second

Gravy Train animal digest and animal fat corn and soybean bone meal

Kibbles-n-bits same as Gravy Train, as well as artificial colors

Science Diet first ingredients are grains, meat meal, animal fat,